

My
One Word
for **2018**

GetOneWord.com

Action Plan

Prepare Your Heart: Look In

Take a little time to:

1. *Unplug from the noise.*
2. *Ask a few essential questions.*

Get away from the noise and distractions of life, and create an environment to look inward, quiet your mind, and really listen to your heart. Then ask yourself these three questions, and write your insights here:

1. What do I need? _____

2. What 's in my way? _____

3. What needs to go? _____

Discover Your Word: Look Up

Now that your heart is ready, it's time to plug in and listen up.

Once you've prepared your heart, you are ready to receive your word. God has a word that is meant for you. Remember, God can use all means to communicate with us, and you never know when, where, and how your word will be revealed to you.

Ask God to reveal your word to you with this simple question: "What do you want to do in me and through me?" Write down what comes to your heart. Listen and be open to the word that God shares.

Once you discover your word, write it down in the space that follows on the next page...

Live Your Word: Look Out

Once you discover the word that is meant for you, then it's time to live it out. Again, this is where the rubber meets the road.

Keep your One Word front and center. Write down three things you will do to make sure you have regular reminders of your word:

1. _____

2. _____

3. _____

Sharing your One Word with your Stretch Team ensures success. List three people in your inner circle with whom you 'll share your word this week:

1. _____

2. _____

3. _____

Spread the Word

Share your excitement about your annual One Word with others! Tell them about your journey.

List three other organizations you think would love and benefit from this process, and tell them about it.

1. _____

2. _____

3. _____

Share it on Facebook, Twitter and LinkedIn Now with a simple note of "My One Word is _____."

You can visit www.GetOneWord.com to share a one-page overview of the One Word process with your family, team, or organization.

Congratulations! We are excited that you are now part of the One Word Team. We look forward to changing lives together . . . One Word, one person at a time.

Let us know your word on our [GetOneWord.com](http://www.GetOneWord.com) website.